

Parent Information : Re Taupaki School Cross Country Race Day.

As part of our physical education programme, students have been running to improve their fitness. This is part of the training undertaking for the annual Taupaki School Cross Country Run, which we do at the Taupaki Reserve. This is a Third Term event, giving the students the chance to improve their fitness by running longer distances.

Date: Friday 18th August (Save Day Tues. 22nd August)

Venue: Taupaki Reserve

Time: Teachers walk classes down to the Reserve approx. 20 minutes prior to the beginning of the students race.

Year 0's leave school @12:00

First Race starts @ 12:15 (New Entrants)

		Approx. Start	Syndicate	Age	Distance	
Organization for Day					Girls	Boys
Block 1	9:00-10:00	12:15	Jnr School	NE	300m	300m
Morning tea	10:00-10:40	12:30		Yr 1	300m	300m
Block 2	10:40-11:30	12:45		Yr 2	600m	600m
Lunch	11:30-12:00	1:00		Yr 3	900m	900m
Meet on Courts	12:00	1:15	Middle Syn	Yr 4	1200m	1200m
Walk to Reserve	12:05	1:30		Yr 5	1500m	2000m
2000m Races Begin	12:20	1:45		Yr 6	2000m	2000m
		2:00	Snr Syn	Yr 7	2500m	2500m
		2:15		Yr 8	2500m	3200m

Last Race starts @ 2:15 (Year 8's)

(NB: these times are approximates only)

Your child will need to bring:

- * suitable clothing for running in + a jumper for after the race.
- * any medication they might need (eg. Inhalers, epipens etc)
- * a drink of water.

It is a requirement of the school that if you wished to take your child home from the Reserve, you must first see your child's class teacher and sign them out, and that you did that for each of your children.

This process worked well and will be repeated again this year. Your child(ren), will be told they may not leave their classes designated seating area unless they have been signed out by you. This is for the safety of all children in our care.

It has been decided that this year classes will watch the students who are competing in their own Syndicate. (i.e. the Junior Syn. will walk down together and watch the races for Year 0-3 and then walk back to school). Teachers may decide to watch other races but this is at the discretion of teacher and weather dependant. Senior students will help Mrs Green with the running and organising of the day.

Your show of support on the day is highly valued and much appreciated by the teachers and the students, remember to offer lots of encouragement from the sidelines.

Nicolle Green (Sports Co-ordinator)
